Friends of the Mountains-to-Sea Trail

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VOLUNTEER WORK SHEET

Responsibility for Safety: FMST cannot ensure the safety of any participant on hikes or trail construction/maintenance activities. By signing this worksheet, each participant in FMST activities agrees to accept personal responsibility for his or her own safety and for the safety of accompanying minors and agrees to hold harmless and free from liability the FMST, its officers, directors, employees, activity leaders and members for any accident, injury, death or illness which might be sustained from participating in such activities.

_____ _____

Date of Activity Location of Activity

_____ _____

Event/Task Force Leader Name (please print) Leader Signature

Name (please print)	Signature	Hours Worked (include drive time)

Total Hours on this Worksheet: _____